

Age Appropriate Chores

“We all need to feel needed and to know that we're making a contribution -- even kids. But they can't feel that way if they don't have chores and make contributions to the family.” – Jim Fay (co-founder of the Love and Logic website)

Children Ages 2 – 3: Put toys away, fill pet’s food dish, put clothes in hamper, wipe up spills, pile books and magazines

Children Ages 4 – 5: Any of the above, make the bed, empty trashcans, bring in mail or newspaper, clear the table, pull weeds, use a hand-held vacuum for crumbs, water flowers, unload utensils from dishwasher, dry dishes, pour their own bowl of cereal, dust

Children Ages 6 – 7: Any of the above, sort laundry, sweep floors, set and clear table, help make and pack lunch, rake leaves, keep room tidy

Children Ages 8 – 9: Load dishwasher, put away groceries, vacuum, help make dinner, make own snacks, put away own laundry, sew buttons, peel vegetables, mop floor, walk pet

Children Ages 10 & Older: Unload dishwasher, fold laundry, clean bathroom, wash car, cook simple meals, iron clothes, do laundry, babysit siblings (with adults in home if 10 – 11) clean kitchen, change bedsheets

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