

# *5 Ways to Show Your Child You Care*

- ❖ Celebrate everyday accomplishments. Make their favorite dinner, and toast their achievement – an A on a paper, making the soccer team, etc.
- ❖ For school lunches, cut their sandwiches into fun shapes with cookie cutters and write a special note on their sandwich bag with a marker.
- ❖ Stop washing the dishes, put down the phone, and really listen when they are talking to you.
- ❖ Display their artwork and wear the “jewels” they make for you.
- ❖ Let them overhear you complimenting them to someone else