

# Setting Realistic Expectations For Your Child

Ask yourself these 4 questions about your expectations:

## 1. Is it Developmentally Appropriate?

*Learn what's appropriate for your child's age. Are they ready for what you're asking of them?*

## 2. Is it Realistic?

*Realistic expectations encourage kids to aim higher, but be careful not to set your standards too high. Putting your child in situations that are too difficult, it increases the risk of failing, and inspires feelings of incompetence.*

## 3. Is it Child Oriented?

*Make sure the goals you help your children set are based on their goals and dreams, instead of your own.*

## 4. Is it Success Oriented?

*Try to send the message that you believe your child is responsible, reliable, and worthy, so they can build a solid belief in themselves and their future.*

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