

5 » Ways to be a Better Parent



1. Respect your partner

When children see their parents respecting each other, they are more likely to feel that they are also respected.

2. Earn the right to be heard

Begin talking with your kids when they are very young. Talk to them about all kinds of things. Listen to their ideas and problems.

3. Discipline with love

All children need guidance and discipline, not as punishment, but to set reasonable limits and help them learn from natural or logical consequences. Parents who discipline in a calm, fair and nonviolent manner show their love.

4. Be a teacher

A parent who teaches children about right and wrong and encourages them to do their best will see children make good choices. Involved parents use everyday examples to teach the basic lessons of life.

5. Read to your children

Begin reading to your children when they are young. Instilling a love for reading is one of the best ways to ensure they will have a lifetime of personal and career growth.

Adapted from the National Fatherhood Initiative (<http://www.fatherhood.org/>).



Family Resource Center Association

These tips were created with information from experts in national organizations that work to prevent child maltreatment and promote well-being, including the Strengthening Families Initiatives in New Jersey, Alaska and Tennessee. You can download these tips and more at <https://www.childwelfare.gov/topics/preventing/parenting/> or call 800.394.3366