

School Readiness

Helping Children Get Ready for School

These are some skills and feelings that will help a child be ready to start school.

Social skills

- Feeling excited and comfortable about starting kindergarten
- Knowing what kindergarten will be like
- Feeling good about self
- Knowing how to get along with others
- Knowing how to talk with others and to listen
- Knowing when and how to ask for help.

Learning skills

- Feeling excited about learning
- Knowing how to try new or hard things
- Ability to keep trying even when it seems too hard
- Knowing many ways to tell people what he needs or wants
- Feeling good about his family and culture
- Interest in learning about other cultures.

Word and number skills

- Familiarity with words and books
- Knowledge of shapes, sizes and colors
- Ability to count and understand that numbers have meaning.

Health and safety skills

- Able to go to the bathroom, wash her hands, put on a coat and eat
- Use his hands and fingers to do small tasks, such as puzzles, drawing, cutting with scissors
- Knows how to run, jump, climb and dance.