



*When the Family Resource Center Association (FRCA) adopted the Standards of Quality for Family Strengthening and Support, one of the standards FRCA strives to practice at high quality is Evaluation. FRCA continuously looks at areas of program strength, as well as areas for further development, in order to guide quality improvement and achieve positive results for families.*

## The purpose of the evaluation report is to present information on:

Families, served by FRCA-member Family Resource Centers (FRCs) through the Colorado Family Resource Center Family Pathways Framework, including their demographic characteristics and services received; and,

Family outcomes following Family Development Services, including gains in areas vital for well-being and protective factors that prevent child maltreatment.



## Conclusions

Over the course of the year\*, Member Centers provided 241,693 services to over 13,000 families, most frequently in the areas of basic needs and parenting. 36% of individuals served were children and, of those, almost half (46%) were ages five or younger. 75% of families screened with at least one unmet need in the areas of employment, housing, transportation, food security, adult education, health insurance, quality child care, or children's education; almost half (46%) had unmet needs in two or more areas. Notably, 3,580 families (27% of families served) were on the Family Development path, which includes one-on-one relationship building, strengths-based assessment (Colorado Family Support Assessment 2.0, CFSA2.0) and goal-setting with a trained Family Development worker. Of these families, 63% had at least one follow-up CFSA 2.0 assessment recorded. \*July 1, 2018 - June 30, 2019

## Findings

Compared to baseline, at the most recent follow-up, (a) families had significantly higher scores, and (b) significantly more families were above the prevention line in the domains of income, cash savings, debt management, housing, employment, food security, child care, children's education, health coverage, physical health, mental health, and transportation.

From baseline to the most recent follow-up, families significantly increased their scores on both subscales of the CFSA 2.0: Economic Self-Sufficiency and Health.

From baseline to the most recent follow-up, families increased in all four protective factors: Concrete Support, Family Functioning/Resiliency, Nurturing and Attachment, and Social Support. In addition, families increased in four of five items measuring knowledge of child development.

## Results

Families improve on the continuum of self-sufficiency and experience movement out of an in-crisis or vulnerable situation to one that is more safe, stable, or thriving.

Families are increasing economic self-sufficiency and improving health outcomes after receiving Family Development Services, suggesting that FRCs support families with unmet needs in improving their economic self-sufficiency regardless of the particular area of need that the family is experiencing.

After receiving services parents demonstrate more positive parenting behaviors, strengthened problems solving and resiliency, increased informal and emotional supports, increased nurturing with their children, and increased access to material supports in times of crisis or need.